

The Best Beauty Products to Pack for Spring Break

You don't want to leave these behind!



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Vacation may seem like the perfect opportunity to let your regular beauty routine slide (especially if you're going to the beach — who wants to deal with a straightening iron or melty makeup in 90-degree weather?) but foregoing necessary self-care in favor of a totally "carefree" lifestyle can be problematic.

Take it from someone who knows: I'm spending the entirety of 2017 on a year-long study abroad program for young professionals (you can follow along on Instagram, @zoewinerrr), and in the first month of my adventure I *completely stopped taking care of myself*. It felt like I was on a permanent vacation, and there were always more fun things to do than wash my face or put on sunscreen. But after three weeks, I was a complete mess. I was covered in pimples, sunburned from head-to-toe and had dandruff flaking off of my head non-stop, and it was completely my fault for not keeping up with even the most basic steps in my beauty routine. Lesson learned.

As amazing as it may be to say "see ya later" to your contour kit for a week-long vacation (which you can *absolutely* do), there are certain self-care habits that you can't kick just because you're on vacation. For the sake of your skin, hair and body, there are a few things you should still work into your daily routine — no matter how carefree you may feel while you're away.

Here are nine products that you need to take with you on your next trip for your best, most beautiful vacation ever.

Kopari Organic Coconut Melt, \$38

No matter how diligent you are about combing your hair in the shower, chances are you're going to need a *little* more power to keep things smooth. Sleep in a deep conditioner once or twice during the week you're away, and you'll wake up with smooth, shiny, tangle-free hair. I'm personally *obsessed* with coconut oil because TSA doesn't count it as a liquid, and it can serve double duty as a body and face moisturizer.