



# Frankincense

essential oil

## 1 Beauty

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### Gentle Eye Makeup Remover

Mix 6 drops with 2 tbsp coconut oil and 2 tbsp sweet almond oil for a gentle eye makeup remover.

## 2 Body

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### On The Go Cuticle Oil

Mix 5 drops with 1 tsp of sweet almond oil for an on-the-go hydrating cuticle oil.

## 3 Home

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### Diffuser Cocktail: Ohmmm

A grounding diffuser blend that's great for meditation or yoga.

5 drops Frankincense  
4 drops Lavender