

Experience the Power of Hairfinity



Hairfinity Healthy Hair Vitamins are formulated to fill in the gaps left by your regular diet and provide your body with the nutrition it needs to grow healthy hair from the INSIDE OUT. The exclusive CAPILSANA COMPLEX contains MSM, Hydrolyzed Collagen, and Horsetail.

Methylsulfonylmethane (MSM)

is a naturally occurring sulfur-containing compound that is found in many of the foods we eat. Sulfur is a core component of the cysteine bonds that are responsible for maintaining the hair's shape.

Good food sources of MSM include brussels sprouts, garlic, onions, asparagus, legumes, kale and wheat germ



Hydrolyzed Collagen

is a bioactive peptide and antioxidant that provides hair with 18 essential amino acids, which are the building blocks of keratin protein - these include: isoleucine, leucine, lysine, methionine, phenylalanine, threonine, valine, tyrosine, serine, proline, hydroxyproline, hydroxylysine, histidine, glycine, glutamic acid, aspartic acid, arginine, and alanine. Protein rich foods such as beef, turkey, chicken or eggs provide amino acids. Vegan sources include quinoa, beans, and nuts.

Horsetail

is an herb rich in silica, which is important for optimal collagen synthesis. Silica is crucial for activating the hydroxylation enzymes for crosslinking collagen, which improves the strength and elasticity of this fibrous protein. The outer shaft of hair, that provides elasticity and strength, is rich in silica. Horsetail also provides anti-oxidant and anti-inflammatory benefits.

Good food sources of silica include whole grain bread and pasta, oatmeal, brown rice, oat and wheat bran cereals, bananas, mangos, green beans and spinach.





Deficiencies in B-Vitamins can lead to hair thinning, hair loss, graying, and weakening of the hair strands, therefore it is important to consume an adequate amount, whether though a balanced diet or provided by a supplement. Hairfinity Healthy Hair Vitamins contains Vitamins B1, B2, B3, B5, B6, B7, and B12.

Vitamin B1

(Thiamine) helps the body cells change carbohydrates into energy. Food sources include dried milk, egg, lean meats, legumes, nuts and seeds, peas and whole grains.

Vitamin B2

(Riboflavin) is important for healthy cell growth and plays a role in the maintenance of red blood cells, which supply the hair follicles with vital nutrients.

Food sources include dairy products, eggs, green leafy vegetables, lean meats, legumes, milk, nuts

Vitamin B3

(Niacin) promotes healthy circulation to the scalp. Food sources include avocado, eggs, fish (tuna and salt-water fish), lean meats, legumes, nuts, potatoes, and poultry.



Vitamin B5

(Pantothenic Acid / d-Calcium Pantothenate) is essential for the body's metabolism. It also plays a role in the production of hormones and good cholesterol, which are important for the development of healthy hair. Food sources include avocado, broccoli, kale, eggs, legumes and lentils, milk, mushroom, poultry, potatoes, whole-grain cereals.

Vitamin B6

(Pyridoxine HCl) plays a critical role in the proteins involved with many chemical reactions in the body. Food sources include avocado, banana, legumes, meat, nuts and poultry.

Vitamin B7

(Biotin / D-Biotin) promotes the growth and maintenance of existing hair. Biotin also helps produce keratin and works to increase the elasticity of the hair's cortex, thus preventing breakage and hair loss. Food sources include chocolate, cereal, egg yolk, legumes, milk, nuts, pork and yeast.

Vitamin B12

(Cyanocobalamin) is essential to the formation of healthy red blood cells that transport oxygen to the scalp and follicles, which is required to sustain hair. Food sources include meat, eggs, milk and milk products, poultry and shellfish.



Healthy hair thrives in a healthy body. Vitamins and minerals are crucial to maintaining our bodies in optimal condition, whether consumed through your diet or provided in a supplement. They play an important role in good metabolism and immune system, which are also key factors for growing healthy hair.

Vitamin A

(Retinyl Palmitate) is an antioxidant that helps produce healthy sebum in the scalp, and assists in the formation and maintenance of healthy cells. Food sources: dark-colored fruit, dark leafy vegetables, egg yolk, liver, beef, and fish.

Vitamin C

(Ascorbic Acid) is an antioxidant that helps maintain hair and skin health by enhancing the immune function at a cellular level. The human body does not naturally produce Vitamin C, and therefore it is essential to our health that we consume an adequate amount by modifying your diet or incorporating supplements. Food sources include broccoli, brussels sprouts, cabbage, cauliflower, citrus fruits, potatoes, spinach, strawberries and tomatoes.

Calcium

(Calcium Carbonate) is critical for overall health and wellness as it plays a major role in the development of healthy cells throughout the body. Food sources include dairy products (milk, cheese, yogurt), eggs, red meat, poultry, fish, lentils, chick peas, potatoes, orange, apple, and banana.

Vitamin D3

(Cholecalciferol) helps the body hold to hair longer which is optimal for a voluminous, fuller looking head of hair. Vitamin D helps the body absorb calcium, which you need for the normal development and maintenance of healthy cells.

Also known as the "sunshine vitamin," it is produced by the body after being exposed to the sun. Only 10 to 15 minutes of direct sunshine 3 times per week is enough to produce the body's requirement of Vitamin D. It can be difficult to get enough Vitamin D from food sources alone, and those who live in less sunny climates may not be able make enough naturally. In those cases, supplementation may be an option. Food sources include fish (such as salmon, mackerel, herring, and orange roughy) and fish liver oils (cod's liver oil).

Folic Acid

works with vitamin B12 to help in the development of healthy red blood cells, as well as for the production of healthy DNA, which controls tissue growth and cell activity. Food sources include asparagus and broccoli, beets, brewer's yeast, dried beans (cooked pinto, navy, kidney, and lima), green, leafy vegetables (spinach and romaine lettuce), lentils, oranges and orange juice, peanut butter and wheat germ.