

PULSE COUNTER GUIDE*

BODY PART	TARGET # OF PULSES PER TREATMENT	APPROXIMATE MINUTES
Underarms	100 per side	4-5 per side
Bikini	200 per side	8-10 per side
Upper Lip	25	2-3
Upper Leg	600 per side	25-30 per side
Lower Leg	600 per side	25-30 per side

*Pulse counts and times are approximations.